

Embracing Our Own Light

from Marianne Williamson (1992)

A Return to Love: Reflections on a Course of Miracles

*Our deepest fear is not that we are inadequate,
Our deepest fear is that we are powerful beyond
measure*

*It is our light, not our darkness that most frightens us.
We ask ourselves, who am I to be brilliant, gorgeous,
talented, and fabulous?*



Actually, who are you not to be?

You are a child of God.

*Your playing small doesn't change the world.
There is nothing enlightened about shrinking
So that other people won't feel insecure around you.*



*We are born to make manifest the glory
Of God that is within us.*

It's not just in some of us. It's in everyone.



*And as we let our own light shine,
We unconsciously give other people
Permission to do the same.*

*As we are liberated from our own fear
Our presence automatically liberates others.*

